

## KEEP IT CLEAN!

### Salt Water Aftercare

*All procedures are carried out using pre autoclaved or disposable utensils in a clean environment.*

**The difficult job of keeping it clean is now your responsibility!**

#### BEFORE YOU CLEAN YOUR NEW PIERCING ALWAYS WASH YOUR HANDS...

This is singularly the best way to avoid spreading bacteria

There may be some redness, tenderness and swelling around the piercing site and you will experience some clear discharge called lymph fluid. These are all part of the healing process.

Should your piercing become excessively red, swollen, painful or have an odorous yellow or greenish discharge either return to the studio or see your doctor.

- ◆ Boil water in the kettle, allow to cool slightly to avoid accidental burns.
- ◆ A hot salt water solution is required to clean the piercing. To make this you'll need; 1/4 teaspoon of Rock salt or Sea salt (NOT TABLE SALT) to half a mug of boiled water.
- ◆ Get a flat circular cotton pad or piece of kitchen roll, dip into the solution and apply to the piercing for 1-2 minutes. Any dried lymph fluid should be soft enough to wipe away.
- ◆ Use plain hot water to rinse away any hot salt water as this can dry the skin
- ◆ Use a fresh piece of kitchen roll to dry.

**AND FINALLY... LEAVE IT ALONE!**

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Piercing .....

Date of Piercing .....

Change Date\* .....

\*Healing rates can vary and are guidelines only. Removal of jewellery prior to 2 years can result in your piercing closing entirely.